

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Murry Grindrod**

Has successfully participated & completed the

**5km TRAIL Run Kariega Trail Run 2018**

held at Southwell Cricket Field.

**TIME 00:39:24**

**PACE 07:51/km**

**OVERALL 7 of 75**

**GENDER 6 of 24**

**50 - 59 3 of 5**

29 December 2018, Sat

Date



*BoutTime*

Signature

